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Who are we?

- Our primary responsibility is to provide asthma education to children and their families.
- We also participate in research activities and program development.
- The staff consists of nurses who are certified asthma educators, pediatric allergists and support staff.

What asthma education programs are provided?

- Individual education to:
 - parents and children admitted to Children's Hospital
 - parents and children referred as outpatients.
 - families in some primary care offices.
- "Family Asthma Program" - a series of evening education sessions. Classes are tailored to the unique needs of different age groups. The Family Asthma Program consists of:
 - "Less than 3" classes for parents of children 1-3 yrs diagnosed with asthma.
 - Preschool classes for parents of children age 3-6 yrs.
 - School age classes for both parents and children age 7-11 yrs.
 - Teen classes for children 12-17 years of age.
- RAP (The Roaring Adventures of Puff), a school based asthma education program.

What other resources are available?

- **Quarterly newsletter:** Available online or by mail.
- **Websites:** www.asthma-education.com, www.teen-asthma.com.
- Series of pamphlets related to asthma and allergies, available for purchase at cost (also available on the website).
- "Ask the Educator" online service (through the website) or by phone.
- **Provincial Outreach Coordinator-** assists health care professionals in rural and northern Manitoba to make effective timely and up to date asthma education accessible to children with asthma and their families.

How can we help you?

- We can provide a wide variety of pamphlets that can be ordered at cost from our website
- We can be a resource for you if you have any questions about asthma.
- We can provide teaching to children and families who you feel would benefit from more education related to asthma management or use of medications.
- Families can be referred by any health professional. Information is provided to the child's physician and referral source following education.

How can I contact the Children's Asthma Education Centre?

- We can be contacted by:
 - phone at 787-2551 or 1-888554-1141
 - fax at 787-5040 email @ caec@hsc.mb.ca
 - Check out our websites at www.asthma-education.com
www.teen-asthma.com