

Sending Medications to Canadian Citizens in the United States

All prescription drugs mailed to Canadian citizens at addresses in the United States must now include the following documentation:

1. A photocopy of the original prescription.
2. A photocopy of a document proving the addressee's Canadian citizenship.
(For example, a birth certificate, a health card, driver's licence, or passport)

The documentation is to be inserted into a plastic pouch on the outside of the package. Prescriptions cannot be mailed to US citizens.

Under no circumstances can narcotics be mailed into the United States. United States customs officials have the right to seize and destroy ALL contents of a package containing a banned drug. Therefore, if regular medication is included in a package with a narcotic, the entire contents of the package may be destroyed due to the presence of the narcotic.

Canadian citizens carrying narcotic prescription medication into the United States are advised to also carry a letter from their physician to attest to their treatment with the medication.

Pharmacists should advise their patients travelling to the United States to ensure they take enough medication with them to cover the duration of their stay to avoid any inconvenience. Patients may be wise to take slightly more medication with them than their length of stay in case of unexpected delays in returning to Canada.

The above information has been confirmed by an Import Specialist at US Customs in Pembina, North Dakota.